

ADIKON STUDENT CLUBS

ADIKON was established on 01 Jan 2022 under the **PREMCHAND SOCIETY FOR EDUCATION** in **ADINA institute of Pharmaceutical sciences, Sagar**. As the motto suggests, this club is inclined towards for developing students by promoting their interests, creativity and ethics. Under this we have developed five different clubs including student as well as faculty of institute.

I. ARTS AND CULTURAL CLUBS

1. Event Managers Club

The Event Managers Club works with the superlative motive of going beyond the classroom learning, promoting the creative bent and inventive thinking. As the motto suggests, the club is inclined towards bringing out the management skills of the students involved with the club through Innovation, Management and Excellency. We regularly conduct events for students, faculty members as well as staff members.

2. Dance Club

Dance Club depicts the name of not only one of the most happening clubs of AIPS, but also portrays the picture of a family brought together by their common passion towards dancing. We dance with Discipline and Attitude to bring something New and innovative and perform with Confidence to Express our thoughts. There may be different teams representing different genres, but we always have and always will represent our dance club as one. We dance for laughter, we dance for madness, we dance for hope, we dance for screams, we are the dancers and we create the dreams!

3. Music Club

Music club is dedicated to improve, refine and develop the music skill among the students of AIPS, Sagar. It provides opportunity to the music aspirants by conducting and organizing various events. It encourages the students to participate and compete at various platforms. The primary objective of club is to explore new talents and impart the qualities to the students. It also includes conduction and organization of such events that create an atmosphere of fun and excitement to the student members.

4. Quiz and Debate Club

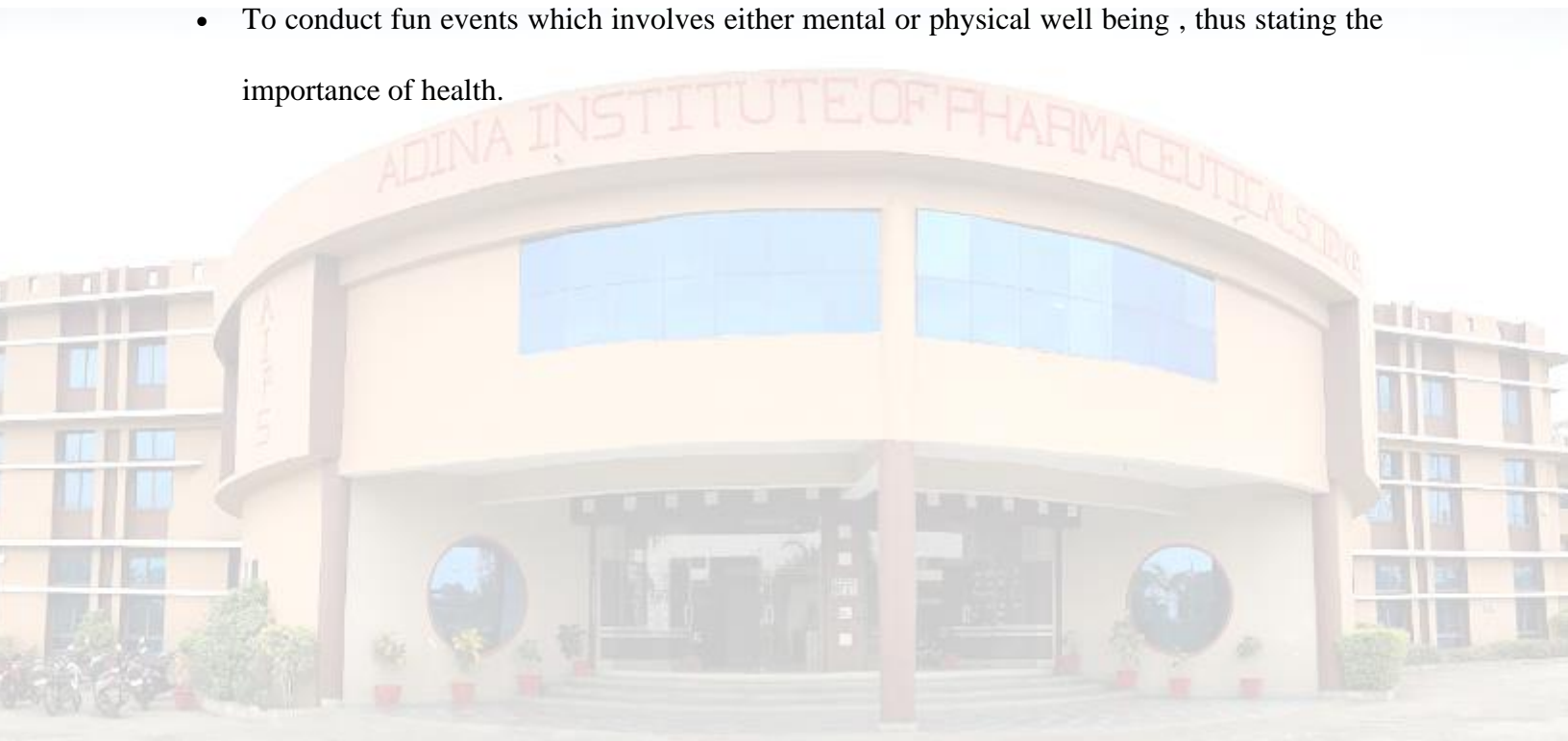
The GQC, short for The Genius Quiz Club is dedicated toward high quality quizzing. The club aims to increase awareness and interest in quizzing. We at GQC try our best to test the quizzers ability to use his knowledge and apply it where it necessary, so much so that in order to walk away with top honor at any one of our quizzes, you will definitely be tested in your ability to connect the dots and apply the knowledge you have in limited time. We have at least 5 quizzes every semester, and a team of dedicated individuals are chosen from our club to intricately weave the strings of a standard GQC quiz, this includes question forming, hosting and advertising in college and on all possible social media platforms as well.

II. SPORTS, HEALTH & FITNESS CLUB

With the vision of holistic development of the student and to build a healthy and stress-free campus, the club has been organizing various events. Generally, by the term 'health', we understand only physical fitness, which is not so very correct; in fact, it includes Physical, Mental, and Emotional fitness. A stress-free mind, a non-prejudiced intellect, a trauma-free memory, and an inclusive ego are what a student community, the teaching staff, and non-teaching staff are supposed to attain in order to give constructive direction to the intellect, a rational approach in the discussions and hence holistic decisions health and fitness club ensures the above. We keep conducting various workshops for the students, teachers, and support members of the campus. Physical education and fitness classes are planned for active participation for students and staff. Qualities of self-defense, flexibility, endurance, strength spiritual and mental health, and above all the spirit of sportsmanship developed through Judo-karate, Aerobics, Yoga, Table Tennis, shuttle badminton, Athletics, Cricket, Football, Hockey, Basketball, etc.

Sporting facilities include Cricket, Hockey, Soccer, Volleyball, Badminton, Tennis and Table Tennis. An athletics track, as well as a multipurpose sports arena and facilities for other indoor games, is proposed. AIPS has drawn plans to organize various intra and inter-college competitions and tournaments in all games and sports activities every year. These include Athletics Track and Field events such as races, long/high jumps, short-put, javelin throw, discus throw etc. and numerous football, volley-ball, cricket matches and chess and carom contests. Those who excel in sports activities are given various awards, prizes, medals, and certificates. The club aims to provide:

- Awareness among all about physical and mental health and wellbeing.
- To make the people aware about various health issues, its possible treatment and prevention.
- To render social service in the form of visits to needy, trying to meet their needs, blood donation etc.
- To observe various health related days and to highlight its importance
- To conduct fun events which involves either mental or physical well being , thus stating the importance of health.



III YOGA CLUB

“Yoga takes you into the present moment, the only place where life exists.” – Patanjali

The Yoga Club of AIPS Sagar was inaugurated on 01 Jan 2022 with a purpose of serving the physical, mental and spiritual well-being of the whole of ADINA family. With many initiatives undertaken by both governmental and non-governmental organization in promoting Yoga in the nation, the Yoga Club is also equally enthusiastic in promoting it in the institute. The Club treats in a special way each and every category of ADINAians from Students, Staff and others members to cater their needs. The Yoga Club offers an opportunity to plunge into our inner consciousness through several programs of ashtanga Yoga as well as other Yogic practices.



IV. NATURE CLUB

Nature Club is established on 1st Jan 2022. The Institute has a large campus of about 17 acres. The campus and all properties located on it belong to the SagarCity. It has a number of buildings meant for academic, administrative and residential accommodation. Large area of the campus is occupied by natural vegetation constituting herbs, shrubs, trees and climbers. The flora Indian Institute of Information Technology campus is rich and extremely interesting. It provides home for birds, reptiles, amphibians, butterflies, insects, honeybees, etc.

Institute authorities have established Nature Club for environmental education, conservation and protection of biodiversity on the campus. It is the center for nurturing of knowledge, enlisting the co-operation of volunteers and the inflow plough of new ideas and their implementation.

The Nature Club conducts various activities such as Observing Plantation Day, Vermicomposting of biodegradable waste, maintenance of Butterfly Garden, Herbal Garden, nature trail etc., throughout the year.

Activities:

- To sensitize, create awareness, motivate and educate students about environment conservation
- New Tree plantation, Power point presentations on Ecosystem
- To conduct Field Trip activities
- To conduct Exhibitions on Environment
- Environmental Cleanliness
- To organize Adventure Activities
- To organize Snake and Dog Bite Awareness Programme
- Environment Education Camps
- Animal Welfare Activities
- Open Butterfly Garden
- Bird Call & Video Recording

V. WOMEN'S DEVELOPMENT CLUB

“Women”; this word creates a picture, a picture of a mother, a sister, a wife, a daughter and it's needless to express the essentiality of their well being because most of us are already indebted by their sacrifices, love, and care. As rightly stated in a famous phrase “women hold up half the sky” it means that half credit for the stability of humanity goes to women. Since the dawn of time for humanity, women have always been equally working for the betterment of Society but for some reason they were subdued, abused and were prohibited from equal opportunities in most of the cultures in middle ages, but we are lucky that we have now recognised that anomaly and now are working to provide equal opportunities to them in all spheres of life. Our club is devoted for ensuring the well-being and providing equal opportunities for them by arranging competitions, seminars, presentations, charity events, debates, performances and showcasing their talent.

